

## *Overeaters Anonymous Literature*







### **Overeaters Anonymous Literature**

Overeaters Anonymous (OA) is a twelve-step program for people with problems related to food including, but not limited to, compulsive overeaters, those with binge eating disorder, bulimics and anorexics. Anyone with a problematic relationship with food is welcomed; OA's Third Tradition states that the only requirement for memberships is a desire to stop eating compulsively.

### **Overeaters Anonymous - Wikipedia**

You are not alone anymore! No matter what your problem with food — compulsive overeating, under-eating, food addiction, anorexia, bulimia, binge eating, or overexercising — we have a solution.

### **Newcomers - Overeaters Anonymous**

Overeaters Anonymous is a fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive eating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations.

### **Utah Soaring Intergroup of Overeaters Anonymous**

The OA Office is located at 1219 E. Glendale Ave #23, Phoenix, 85020. In addition to a meeting space with capacity for 35 people, the OA office offers a variety of OA literature and other materials for sale.

### **Overeaters Anonymous Central & Northern Arizona Intergroup ...**

A Step Ahead Newsletter A Step Ahead: Second Quarter 2019 A Step Ahead: First Quarter 2019 A Step Ahead: Fourth Quarter 2018 A Step Ahead: Third Quarter 2018 Ask-It Basket and Archive 2018 Ask-It Basket Questions Ask-It Basket Archive Board of Trustees Trustee Application (Interactive) 2017-2019 Strategic Plan Board of Trustees' job descriptions Board Meeting Highlights [...]

### **Documents - Overeaters Anonymous**

Welcome To The Philadelphia Area Intergroup of Overeaters Anonymous. What is OA? Overeaters Anonymous is a fellowship of men and women from all walks of life who meet in order to help solve a common problem - compulsive overeating.

### **Philadelphia Area Intergroup of Overeaters Anonymous**

Overeaters Anonymous (OA) offers a program of recovery from compulsive eating using the Twelve Steps and Twelve Traditions of OA. Worldwide meetings and other tools provide a fellowship of experience, strength and hope where members respect one another's anonymity.

### **Central Ontario Intergroup - Overeaters Anonymous**

GIFT CERTIFICATES ARE NOW AVAILABLE FOR PURCHASE. Looking for a gift idea for an OA fellow? Give the gift of OA in any denomination. We are excited to offer Gift Certificates, redeemable at the OA office for literature.

### **Overeaters Anonymous | San Fernando Valley Intergroup**

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating.

### **Connecticut OA Intergroup Home Page**

Overeaters Anonymous, Inc. Mailing Address: PO BOX 44727 Rio Rancho, NM 87174-4727 USA

### **Overeaters Anonymous, Inc. - bookstore.oa.org**

Welcome to CEA-HOW. Do you eat when you're not hungry? Are you unable to lose weight? Gain weight? Do you hide your eating habits from others? Are you obsessed with body image, weight or exercise?

### **Compulsive Eaters Anonymous HOW (CEA-HOW) - There is ...**

Welcome to the Greater Pittsburgh Intergroup of OA website. Welcome to OA, Welcome Home. Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating.

### **Greater Pittsburgh Intergroup of OA Website Home**

The only requirement for membership in OA is the desire to stop eating compulsively. We hope that this site will help members and newcomers connect with other members in between meetings.

### **90 Day OA - Home**

GET IN TOUCH. General enquiries. Email: [general@oagb.org.uk](mailto:general@oagb.org.uk) Phone: 07798 587802 Literature Enquiries. Email: [lit.orders@oagb.org.uk](mailto:lit.orders@oagb.org.uk) Phone: 01782 787528. Address: OAGB Ltd., 483 Green Lanes, London, N13 4BS To speak to someone in your local area, please see the contact details below.

### **CONTACT US - OA Great Britain - Overeaters Anonymous ...**

BRISTOL Group #49817 Bristol Hospital 41 Brewster Road Meeting located in cafeteria Contact: Laura (203) 768-9189 OA Literature Discussion Group

### **Connecticut OA Intergroup Meetings**

Utah Soaring Group Meetings Intergroup Number: 09159. What are Meetings Like? Many people struggling with problem behaviors with food find support and understanding in the meetings of Overeaters Anonymous.

### **Meetings - Overeaters Anonymous**

Find a DA Meeting. DA offers Face-to-Face, Phone, Internet, Regional Intergroup, and GSR (General Service Rep) Area Group meetings.

### **Debtors Anonymous | Meetings, Support Groups, & Programs**

Meetings Where can I find OA? | Melbourne contact details | Interstate contacts | Country and Tasmania Where can I find OA? Visiting Melbourne? The meetings at the OA office are easy to get to by tram from Melbourne. We would love to see you. Catch a number 5, 16, 64 or 67 tram from Swanston Street, ... Continue reading Meetings →

### **Meetings - OA**

Eating Disorders Anonymous (EDA) is a fellowship of individuals who share their experience, strength and hope with each other that they may solve their common problems and help others to recover from their eating disorders.

### **Eating Disordersanonymous**

Book and forms for working the Twelve Steps of Overeaters Anonymous according to the Big Book directions.

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